

Patient Name: _____ Date: _____

Physician: _____ DOB: _____

Diagnosis: _____

Frequency/Duration: _____

Evaluations/Assessments:

- Evaluation & Treatment
- Orthotic/Gait Evaluation
- Return to Athletics Assessment
- Functional Evaluation
- Athletic Mechanics Assessment

Therapeutic Exercise

- PROM
- AAROM
- AROM
- Strengthening
- Stretching
- Blood Flow Restriction

Modalities

- Moist Heat Pack/Ice
- Ultrasound
- Phono/Iontoporesis
- Electric Stimulation
- Manual Therapy
- Dry Needling
- ASTYM/IASTM
- _____

Hand Therapy

Specify: _____
 Splinting: _____

Orthotics

Custom/Athletic

Restrictions / Instructions

Specify: _____

Physician's Signature: _____

Call us to schedule! 602.922.9222

OrthoArizona.org



1 | Litchfield Park (P)

14044 W. Camelback Rd., Ste. 120
Phoenix, AZ 85340

2 | Avondale (P+H)

10450 W. McDowell Rd., Ste. 102
Avondale, AZ 85392

3 | Peoria (P+H)

6760 W. Thunderbird Rd., Ste. E-110
Peoria, AZ 85381

4 | Arrowhead (H)

18555 N. 79th Ave., Ste. E-101
Glendale, AZ 85308

5 | North Peoria (P+AP)

21465 N. 78th Ave., Ste. 170
Peoria, AZ 85382

6 | North Glendale (P)

20325 N. 51st Ave., Bldg. 7, Ste. 150
Glendale, AZ 85308

7 | Sonoran Crossing (P+H)

33300 N. 32nd Ave., Ste. 320
Phoenix, AZ 85085

8 | Deer Valley (P+H)

2902 W Agua Fria Fwy Ste. 1090
Phoenix, AZ 85027

9 | JCL North Mountain (P+H)

9327 N. 3rd St., Ste. 300
Phoenix, AZ 85020

10 | Arcadia (P+H)

3033 N. 44th St., Ste. 100
Phoenix, AZ 85018

11 | Greenway (P)

3342 E Greenway Rd, Suite 105
Phoenix, AZ 85032

12 | Cave Creek (P+AP)

28230 N. Tatum Blvd., Ste. C-4
Cave Creek, AZ 85331

13 | High Street (P+H)

5355 E High St Ste. 113
Phoenix, AZ 85054

14 | North East Scottsdale (P+AP)

9219 E. Hidden Spur Trail, Ste. 100
Scottsdale, AZ 85255

15 | Pima Center (P+H)

8405 N. Pima Center Pkwy, Ste. 101
Scottsdale, AZ 85258

16 | Chandler-Ahwatukee (P+AP)

7225 W. Harrison St.
Chandler, AZ 85226

17 | Chandler Village (P+H)

525 Chandler Village Dr. South
Chandler, AZ 85226

18 | North Gilbert (P+H)

2940 E. Banner Gateway Dr., Ste. 250
Gilbert, AZ 85234

19 | Mesa Arbor Ave. (P)

6116 E. Arbor Ave., Ste. 118
Mesa, AZ 85206

20 | North Mesa (P+AP)

6620 E McKellips Rd Ste. 105,
Mesa, AZ 85205

21 | South Gilbert (P+H)

1675 E. Melrose St.
Gilbert, AZ 85297

22 | Queen Creek (P+H)

40601 N. Gantzel Rd., Ste. 103
San Tan Valley, AZ 85140



(P) Physical Therapy (H) Hand Therapy
(AP) Athletic Performance

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