

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Physician: \_\_\_\_\_ DOB: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Frequency/Duration: \_\_\_\_\_

**Evaluations/Assessments:**

- Evaluation & Treatment
- Functional Evaluation
- Orthotic/Gait Evaluation
- Athletic Mechanics Assessment
- Return to Athletics Assessment

**Therapeutic Exercise**

- PROM
- AAROM
- AROM
- Strengthening
- Stretching
- Blood Flow Restriction

**Modalities**

- HMP/Ice
- Ultrasound
- Phono/Iontoporesis
- Electric Stimulation
- Manual Therapy
- Dry Needling
- ASTYM/IASTM
- \_\_\_\_\_

**Hand Therapy**

Specify: \_\_\_\_\_  
 Splinting: \_\_\_\_\_  
 \_\_\_\_\_

**Orthotics**

Custom/Athletic  
 \_\_\_\_\_

**Restrictions / Instructions**

Specify: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

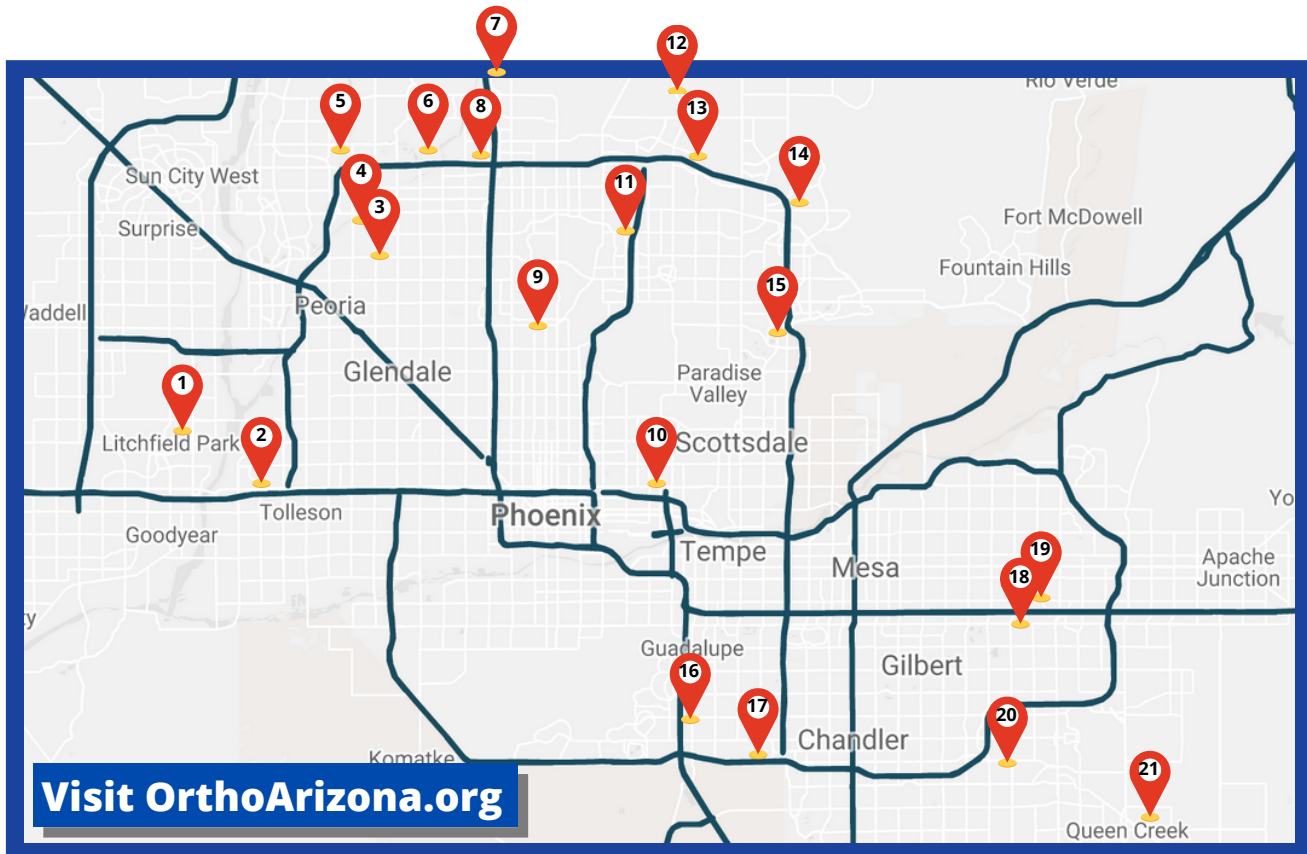
Physician's Signature: \_\_\_\_\_

**Call us to schedule! 602.922.9222**

OrthoArizona.org

# OrthoArizona

Therapy & Athletic Performance



**1 | Litchfield Park (P)**

14044 W. Camelback Rd., Ste. 120  
Phoenix, AZ 85340

**2 | Avondale (P+H)**

10450 W. McDowell Rd., Ste. 102  
Avondale, AZ 85392

**3 | Peoria (P+H)**

6760 W. Thunderbird Rd., Ste. E-110  
Peoria, AZ 85381

**4 | Arrowhead (H)**

18555 N. 79th Ave., Ste. E-101  
Glendale, AZ 85308

**5 | North Peoria (P+AP)**

21465 N. 78th Ave., Ste. 170  
Peoria, AZ 85382

**6 | North Glendale (P)**

20325 N. 51st Ave., Bldg. 7, Ste. 150  
Glendale, AZ 85308

**7 | Sonoran Crossing (P+H)**

33300 N. 32nd Ave., Ste. 320  
Phoenix, AZ 85085

**8 | Deer Valley (P+H)**

2902 W Agua Fria Fwy Ste. 1090  
Phoenix, AZ 85027

**9 | JCL North Mountain (P+H)**

9327 N. 3rd St., Ste. 300  
Phoenix, AZ 85020

**10 | Arcadia (P+H)**

3033 N. 44th St., Ste. 100  
Phoenix, AZ 85018

**11 | Greenway (P)**

3342 E Greenway Rd, Suite 105  
Phoenix, AZ 85032

**12 | Cave Creek (P+AP)**

28230 N. Tatum Blvd., Ste. C-4  
Cave Creek, AZ 85331

**13 | High Street (P+H)**

5355 E High St Ste. 113  
Phoenix, AZ 85054

**14 | North East Scottsdale (P+AP)**

9219 E. Hidden Spur Trail, Ste. 100  
Scottsdale, AZ 85255

**15 | Pima Center (P+H)**

8405 N. Pima Center Pkwy, Ste. 101  
Scottsdale, AZ 85258

**16 | Chandler-Ahwatukee (P+AP)**

7225 W. Harrison St.  
Chandler, AZ 85226

**17 | Chandler Village (P+H)**

525 Chandler Village Dr. South  
Chandler, AZ 85226

**18 | North Gilbert (P+H)**

2940 E. Banner Gateway Dr., Ste. 250  
Gilbert, AZ 85234

**19 | Mesa Arbor Ave. (P)**

6116 E. Arbor Ave., Ste. 118  
Mesa, AZ 85206

**20 | South Gilbert (P+H)**

1675 E. Melrose St.  
Gilbert, AZ 85297

**21 | Queen Creek (P+H)**

40601 N. Gantzel Rd., Ste. 103  
San Tan Valley, AZ 85140



SCAN ME

(P) Physical Therapy (H) Hand Therapy  
(AP) Therapy & Athletic Performance

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